

October 22

TODAY'S BIBLE STUDY & MEDITATION

KEY IDEAS: Do I assume that as God's servant I won't go through difficult times, and think I will not pass through hardship? Do I see myself as God sees me, as one who puts his confidence in the Lord? Do I consider myself as God's agent of change in the world to bring relief to those who are suffering?

1 **God is able to deliver His servants** — *Daniel 6:23* Then was the king exceeding glad for him, and commanded that they should take Daniel up out of the den. So Daniel was taken up out of the den, and no manner of hurt was found upon him, because he believed in his God.

What does Daniel's experience in the lion's den tell me about God?

What hardships and blessings can I praise God for?

2 **I am favored with God's help and support at all times** — *Psalms 54:4* Behold, God [is] mine helper: the Lord [is] with them that uphold my soul.

Is the Lord my Helper in good times only or is He my Helper in hard times?

Why does the devil want me to ignore the fact that in life I will face trouble?

3 **I am to help the downtrodden and help those who are being victimized by others** — *Isaiah 58:6* Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke?

Why is it wrong to ignore the hardship of others and do nothing to bring relief?

In what ways can I bring relief for those who are going through suffering?

Spirit of Truth, how do you want to apply these verses in my life today?

OPTIONAL BIBLE READINGS

Morning: 1 Timothy 2

Evening: Isaiah 65, 66