

# May 18

## TODAY'S BIBLE STUDY & MEDITATION

**KEY IDEAS:** Do I recognize that I can only find complete contentment in the Lord? Do I see myself as God sees me, as one desires to see experience hope and fulfillment? Do I recognize that I cannot find complete fulfillment in the things of this world?

**1** **God is able to satisfy the desires of man's inner being** — *Isaiah 58:11 And the LORD shall guide thee continually, and satisfy thy soul in drought, and make fat thy bones: and thou shalt be like a watered garden, and like a spring of water, whose waters fail not.*

How do the things of this world compare to God in satisfying my longings?

How has God given me a sense of fulfillment for which I can praise Him?

**2** **I am granted contentment and happiness in the Lord** — *Jeremiah 17:7 Blessed [is] the man that trusteth in the LORD, and whose hope the LORD is.*

In what ways does my life demonstrate that I find contentment in the Lord?

Why does Satan want me to be in a state of frustration and discontent?

**3** **I am to learn to be satisfied in the things of the Lord** — *1 Timothy 6:6 But godliness with contentment is great gain. 7 For we brought nothing into [this] world, [and it is] certain we can carry nothing out. 8 And having food and raiment let us be therewith content.*

What things have I found in the Lord that give me the greatest satisfaction?

What proof have I found that I cannot be content with the things of this world?

Spirit of Truth, how do you want to apply these verses in my life today?

## OPTIONAL BIBLE READINGS

Morning: John 6:1-21

Evening: 1 Chronicles 4, 5, 6