

# May 16

## TODAY'S BIBLE STUDY & MEDITATION

**KEY IDEAS:** Do I recognize that since God is a living God He can help me with life's challenges? Do I see myself as God sees me, as one that He has already made alive from the dead? Am I pursuing habits and a routine that will make me better equipped to resist sin and follow the Lord faithfully?

**1** **God is the living Lord** — *Psalm 18:46 The LORD liveth; and blessed be my rock; and let the God of my salvation be exalted.*

What contrasts exist between a living God and an idol?

What examples of God's life giving power can I praise Him for?

**2** **I am raised from the dead to live for the Lord** — *2 Corinthians 5:14 For the love of Christ constraineth us; because we thus judge, that if one died for all, then were all dead: 15 And [that] he died for all, that they which live should not henceforth live unto themselves, but unto him which died for them, and rose again.*

What things have become a part of my walk and demonstrate spiritual life?

What old ways from when I was spiritually dead still cling to my life?

**3** **I am to pursue a devout lifestyle that is characterized by right living** — *1 Timothy 4:7 But refuse profane and old wives' fables, and exercise thyself rather unto godliness.*

This verse says "exercise thyself." Why can't God do this for me?

What kinds of habits would you expect to be a part of your life in this exercise?

Spirit of Wisdom, how do you want to apply these verses in my life today?

## OPTIONAL BIBLE READINGS

Morning: John 5:1-24

Evening: 2 Kings 24, 25