

July 31

TODAY'S BIBLE STUDY & MEDITATION

KEY IDEAS: Do I recognize that God is a forgiving God, and that He has granted me many benefits through His forgiveness? Do I see myself as God sees me, as one whose sins have been forgiven and whose sins are out of sight? Do I understand that I need to be gracious and forgiving toward others as God has forgiven me?

1 **God is a God of forgiveness** — *Psalm 103:1 Bless the LORD, O my soul: and all that is within me, bless his holy name. 2 Bless the LORD, O my soul, and forget not all his benefits: 3 Who forgiveth all thine iniquities; who healeth all thy diseases....*

Why is it good to remember God's forgiveness and what He's done for me?

What examples of God's forgiveness can I praise Him for?

2 **I am forgiven and my sins hidden** — *Romans 4:7 [Saying], Blessed [are] they whose iniquities are forgiven, and whose sins are covered. 8 Blessed [is] the man to whom the Lord will not impute sin.*

How liberating is it to consider the fact that my sins are covered and forgiven?

Why does the devil keep bringing up the past with my past sins and failures?

3 **I am to seek a forgiving attitude** — *Ephesians 4:32 And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.*

Who do I have difficulty forgiving and against whom am I holding a grudge?

Why is it important for me to consider God's forgiveness as I forgive others?

Spirit of Glory, how do you want to apply these verses in my life today?

OPTIONAL BIBLE READINGS

Morning: Romans 3

Evening: Psalms 54, 55, 56