

January 22

TODAY'S BIBLE STUDY & MEDITATION

KEY IDEAS: Do I recognize that God controls all events and may allow trials in my life? Do I see myself as God sees me, as one He desires to strengthen as I face any hardship or trial? Am I willing and able to praise God as I pass through trials?

1 **God protects the righteous in the presence of their enemies** — *Psalm 140:6 I said unto the LORD, Thou art my God: hear the voice of my supplications, O LORD. 7 O GOD the Lord, the strength of my salvation, thou hast covered my head in the day of battle.*

How can I interfere with God's efforts to protect me?

For what examples of God's protection can I praise Him?

2 **I am beyond the reach of my enemies** — *Psalm 59:16 But I will sing of thy power; yea, I will sing aloud of thy mercy in the morning: for thou hast been my defence and refuge in the day of my trouble.*

What would be the benefit of singing praise to the Lord about His protection?

What benefit is it to praise God in order to be protected from spiritual attack?

3 **I must seek an attitude of joy even in times of trouble** — *Matthew 5:11 Blessed are ye, when [men] shall revile you, and persecute [you], and shall say all manner of evil against you falsely, for my sake. 12 Rejoice, and be exceeding glad: for great [is] your reward in heaven: for so persecuted they the prophets which were before you.*

Blessed means happy. Why is it hard to be happy when I'm attacked?

What good things can come from being slandered for the cause of Christ?

Spirit of Truth, how do you want to apply these verses in my life today?

OPTIONAL BIBLE READINGS

Morning: Matthew 14:22-36

Evening: Exodus 4, 5, 6