	February 26
	TODAY'S BIBLE STUDY & MEDITATION
	<b>KEY IDEAS:</b> Do I recognize that God bends over backwards to show mercy to those who have wronged Him? Do I see myself as God sees me, as one upon whom He has bestowed the gift of eternal life and toward whom He has feelings of peace? With whom do I have any unresolved conflicts? What steps remain to be taken in order to build a bridge with these individuals?
1	God is ready to forgive and slow to anger — Nehemiah 9:17 And refused to obey, neither were mindful of thy wonders that thou didst among them; but hardened their necks, and in their rebellion appointed a captain to return to their bondage: but thou art a God ready to pardon, gracious and merciful, slow to anger, and of great kindness, and forsookest them not.
	When betrayed how does God react? How do I react when I'm betrayed?
	What examples of God's patience and mercy can I praise Him for?
2	I am born from on high and have been spared God's wrath — John 3:36 He that believeth on the Son hath everlasting life: and he that believeth not the Son shall not see life; but the wrath of God abideth on him.
	What contrasts exist between myself and someone who does not believe?
	How could I act carelessly since God is patient and slow to anger?
3	I am to seek to resolve things over which I became angry before the end of each day — Ephesians 4:26 Be ye angry, and sin not: let not the sun go down upon your wrath.
	Who do I need to forgive before this day comes to an end?
	Who has wronged me? Upon whom do I need to pray God's blessing?
	Spirit of Truth how do you want to apply those varies in my life today?
	Spirit of Truth, how do you want to apply these verses in my life today?
	OPTIONAL BIBLE READINGS
0.0	Morning: Mark 5:21-43 Evening: Numbers 12, 13, 14