

# February 1

## TODAY'S BIBLE STUDY & MEDITATION

**KEY IDEAS:** Do I understand the significance of the fact that it is a part of God's character to seek to protect and deliver His own? Do I see myself as God sees me, as one who is fully equipped to face spiritual attack? Do I recognize that I have the necessary resources to defend me from attack? Do I know how to use them?

**1** **God is our source of deliverance and protection** — *Deuteronomy 33:29* *Happy art thou, O Israel: who is like unto thee, O people saved by the LORD, the shield of thy help, and who is the sword of thy excellency! and thine enemies shall be found liars unto thee; and thou shalt tread upon their high places.*

What hope does this verse offer those who are facing attack?

For what examples of God's deliverance and protection can I praise Him?

**2** **I am entrusted with God's mighty weapons** — *2 Corinthians 10:3* *For though we walk in the flesh, we do not war after the flesh: 4 (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds....)*

How do I feel knowing that the Lord trusts me with His mighty weapons?

Why does the devil want me to be blinded to my weapons and strength?

**3** **I am to seek to trust God and rest in His promises** — *Ephesians 6:16* *Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.*

What kinds of attacks does the devil bring to bear in my life?

What resources do I need to learn how to use to be defended from attack?

Holy Spirit, how do you want to apply these verses in my life today?

## OPTIONAL BIBLE READINGS

Morning: Matthew 21:1-22

Evening: Exodus 27, 28