

August 9

TODAY'S BIBLE STUDY & MEDITATION

KEY IDEAS: Do I recognize that the troubles I am facing are a part of God's plan for my life? Do I see myself as God sees me, as one that the Lord intends to deliver out of trouble and establish? Do I understand that the Bible promises that the Lord will strengthen me to face my troubles and problems?

1 **God is faithful, and yet, may allow us to go through adversity — 1 Peter 4:19**
Wherefore let them that suffer according to the will of God commit the keeping of their souls to him in well doing, as unto a faithful Creator.

Why is it so important that this verse speaks of God keeping our souls?

What examples of God's deliverance can I praise Him for?

2 **I am established and made steady by the Lord — 2 Thessalonians 3:3**
But the Lord is faithful, who shall stablish you, and keep [you] from evil.

If God has fixed the day of my death, why do I fret about today's perils?

Why does the devil want me to think that I should expect a trouble free life?

3 **I am to learn from the example of others and recount how God allowed them to suffer — James 5:10**
Take, my brethren, the prophets, who have spoken in the name of the Lord, for an example of suffering affliction, and of patience.

What spiritual lessons have I learned by the suffering that I have seen?

What lessons have I learned that could only be gained through suffering?

Holy Spirit, how do you want to apply these verses in my life today?

OPTIONAL BIBLE READINGS

Morning: Romans 10

Evening: Psalms 77, 78